FAU Lab Sch’s Required Implementation Plan for 2020–2021 Academic Year – Submitted on: 11/30/2020

N11. Substance use and abuse

Selected grade(s): Grade K, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Grade 6, Grade 7, Grade 8, Grade 9, Grade 10, Grade 11, Grade 12

Selected courses(s) *

1506320 – HOPE-Physical Education Variation
1508000 – M/J Fitness – Grade 6
5015020 – Physical Education – Grade Kindergarten
5015030 – Physical Education – Grade 1
5015040 – Physical Education – Grade 2
5015050 – Physical Education – Grade 3
5015060 – Physical Education – Grade 4
5015070 – Physical Education – Grade 5
1508060 – M/J Comprehensive Physical Education Grade 6/7
1508070 – M/J Comprehensive Physical Education Grade 7/8
ZZZ9999 – Required Instruction Identifier for Dual Enrollment

Selected qualification(s) of the instructors for the selected courses above *

Florida Certified Teacher
School Counselor

Selected instructional materials used *

Kidshealth.org
AlcoholEdU
Heads Up for Teachers
National Institute of Health

Provided details about the instruction that took place in the courses and grades selected above *

K – 5: Substance use and abuse education in the early grades is taught as part of the health literacy responsible behavior and the literacy promotion strands of the health standards. Because one of the purposes for physical education classes is to help students develop positive attitudes toward physical activity so that they can adopt healthy and physically active lifestyles, it is a reasonable choice for educating students on the topic of substance use and abuse prevention. The curriculum focus is on health-enhancing behaviors, risk avoidance, and guiding students to use decision-making skills to make positive choices.
6 – 9: The district’s commitment to health education is evidenced by the programs implemented and steps taken to provide tools and approaches to reducing the adverse health, social, and economic consequences of the use and abuse of drugs, including alcohol consumption, smoking, and vaping. All sixth through ninth grade students are registered in M/J COMPRE PE or HOPE-PE. Because this course serves all middle school and grade nine students, and addresses health options, it is the logical course to provide substance use and abuse prevention education. As part of healthy options, the topic of substance use and abuse is addressed annually.

10–12: Students in grades 10–12 are fully, dual-enrolled at Florida Atlantic University (FAU). They do not take any courses on the high school campus. Therefore, substance use and abuse education reaches these students through online modules and face-to-face and/or virtual meetings.

**N5. Mental and emotional health**

**Selected grade(s): Grade 6, Grade 7, Grade 8, Grade 9**

**Selected courses(s) ***

- 1506320 – HOPE-Physical Education Variation
- 1508000 – M/J Fitness – Grade 6
- 1508060 – M/J Comprehensive Physical Education Grade 6/7
- 1508070 – M/J Comprehensive Physical Education Grade 7/8

**Selected qualification(s) of the instructors for the selected courses above ***

- Florida Certified Teacher
- School Counselor

**Selected instructional materials used ***

- Teacher Created materials and tangible resources.
- Teen Health
- Teen Health, Course 2
- Teen Health, Course 3
- MindUp
- Everfi
- AlcoholEdU
- Kognito

**Provided details about the instruction that took place in the courses and grades selected above ***

6 – 9: The district’s commitment to health education is evidenced by the programs implemented and steps taken to provide tools and approaches to improving the physical and emotional wellbeing of the students.

All sixth through ninth grade students are registered in M/J COMPRE PE or HOPE-PE. The purpose of these
All sixth through ninth grade students are registered in M/J COMPRE PE or HOPE-PE. The purpose of these courses is to develop and enhance healthy behaviors that influence lifestyle choices and student health. Because H.O.P.E. serves every middle school and grade nine student, it is the logical course to provide mental and emotional health education as an integral part of the overall health curriculum.

Selected grade(s): Grade 10, Grade 11, Grade 12

Selected courses(s) *

ZZZ9999 – Required Instruction Identifier for Dual Enrollment

Selected qualification(s) of the instructors for the selected courses above *

School Counselor
University Professors; High School Mental Health Therapist

Selected instructional materials used *

College Course Materials
Mental Wellness Basics – EverFi course
Kognito
Everfi
Mental Wellness Basics course
One Love Foundation

Provided details about the instruction that took place in the courses and grades selected above *

Grades 10–12: Students enroll and complete the following online courses through Everfi: 1) AlcoholEDU for High School, 2) K12 Prescription Drug Safety, 3) Mental Wellness Basics, 4) Keys to Your Future. In addition, completion of Kognito (kognitocampus.com) is mandatory for all students.

FAU High School students in grades 10th through 12th are 100% dual-enrolled at Florida Atlantic University. They self-select all of their courses according to their availability, schedule, and interest, while meeting high school graduation requirements. In addition, all 10th – 12th grade students must complete the following online modules through Everfi: AlcoholEDU for High School; K12 Prescription Drug Safety; Mental Wellness Basics; Keys to Your Future. Students must also complete the Kognito course.

N7. Internet safety

Selected grade(s): Grade K, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Grade 6, Grade 7, Grade 8, Grade 9, Grade 10, Grade 11, Grade 12
**Selected courses(s)**

1506320 - HOPE-Physical Education Variation  
1508000 - M/J Fitness - Grade 6  
5020100 - STEM Lab Grade 3  
5020110 - STEM Lab Grade 4  
5020120 - STEM Lab Grade 5  
1508060 - M/J Comprehensive Physical Education Grade 6/7  
1508070 - M/J Comprehensive Physical Education Grade 7/8  
ZZZ9999 - Required Instruction Identifier for Dual Enrollment  
5022000 - Study Hall-Elementary

**Selected qualification(s) of the instructors for the selected courses above** *

Florida Certified Teacher  
School Counselor

**Selected method(s) of delivering instruction** *

Oral  
Written

**Selected instructional materials used** *

Kidshealth.org  
Digital Citizenship  
MBF Child Safety Matters  
MBF Teen Safety Matters, Grades 6-8  
MBF Teen Safety Matters, Grades 9-12  
Protecting Students from Abuse

**Provided details about the instruction that took place in the courses and grades selected above** *

**K - 5:** The school counselor presents the grade appropriate curriculum during weekly presentations to elementary classrooms in January (National Slavery & Human Trafficking Prevention Month). In addition, internet safety is specifically taught in the STEAM/STEM lab using the Digital Citizenship Curriculum by Common Sense Media.

**6 – 9:** The district’s commitment to health education is evidenced by the programs implemented and steps taken to provide tools and approaches to improving the physical and emotional wellbeing of the students. All sixth through ninth grade students are registered in M/J COMPRE PE or HOPE-PE. The purpose of these courses is to develop and enhance healthy behaviors that influence healthy and safe lifestyle and choices. Because H.O.P.E. serves every middle school and grade nine student, it is the logical course to provide Child Trafficking Prevention Education as an integral part of the overall health curriculum. The school counselor partners with the Health instructor to provide the MBF Teen Safety Matters curriculum.

**10 – 12:** Students in grades 10-12 are fully, dual-enrolled at Florida Atlantic University (FAU). They do not take any courses on the high school campus, therefore do not come to the campus except for a grade level meeting or seminar which occurs 2-4 times/year. With this in mind, dual enrolled high school students will participate in a virtual seminar moderated by the high school counselor, utilizing resources from Teen Safety Matters.