

ADHUS/FAUHS COUNSELOR CORNER

Conversations With Your School Counselors

Counselor Coffee Talk for Parents: May 15



Please join your school counselors, Ms. Abreu and Dr. Renee, and our mental health counselor, Ari Osman, May 15 from 9:00-10:00am for a Parent Coffee Talks. Can't make it? Don't worry! We will be recording this webinar to send to parents and to post on our school counselor website <http://fauhigh.fau.edu/counseling/>

“There is no such thing as a perfect parent. So just be a real one.”

During this Counselor Coffee Talk...

- Parents will learn ways to help support their children with new changes.
- Parents will gain knowledge on signs that indicate your child may need additional support.
- Parents will learn more about how to prepare students to return to school (whenever that may be).



Emergency Hotlines

Dial 211 for Mobile Crisis and other resources such as: COVID-19 testing, food, housing, bill assistance, medical assistance, etc.

Dial 911 for any immediate emergencies.

Dial 1-800-962-2873 for the Department of Children and Families

Suicide Prevention Hotlines:
1-800-SUICIDE

Dial 561-297-3540 for FAU CAPS. Offered to students in 9-12th grade by Ari:
osmana@health.fau.edu



How to Contact Your School Counselors

♥ WE WOULD LOVE TO HEAR FROM YOU! ♥

Elementary (K-5)

Christine Abreu

Kindergarten-5th Grade: If you feel your child may benefit from a Zoom check-in with me, please click on my name above to find my email and schedule a meeting. I can help support them with some academic and emotional needs or just lend a listening ear!

5th Grade Only :

- Join our Wellness MeetUp every Tuesday at 1:00pm.



Middle (6-8)

Maegan Renee or *Christine Abreu*

If your child may benefit from a Zoom check-in with us, please click on our names above to email us. We can offer academic and emotional support and support in the best way we can!

- Join our 6-8 Wellness MeetUp every Friday at 10:30am.



High (9-12)

Maegan Renee

- Join FAUHS Wellness MeetUp with Dr. Renee and Ari on every Thursday at 1:30pm.
- Please email me to schedule a check-in or if you feel in need of some additional support!

WE ARE ALL HERE FOR YOU!