

# High School Wellness MeetUp!



## WHY MEETUP?

It's a time to get together and ask questions, communicate needs and feelings, take a break from your academic load, and have a safe and fun place to talk.



## TIME?

Every Thursday at  
1:30pm starting on  
May 7th!

## SPACE!

Be sure you are in a space with least distractions. Wear headphones for more privacy if you'd like!



## QUESTIONS?

Think of any questions you may want to ask us!



## HOW?

Login to Zoom using your full name.  
Code: 973 8670 0002  
PW: FAUHS



## RESPECT OTHERS

This is an open group for students to feel valued and accepted in sharing their thoughts and feelings.