Running Club is an outdoor recreational club available to all FAUS students in grades K-12 at no cost. T-shirt sold separately!

Running Club T-Shirts are available for $6.00 each! At each meeting, students stretch, run warm-up laps, join an outdoor activity of interest, and then walk at least one cool down lap before leaving. Regrettably, there were errors in the previous form regarding the faculty sponsors and use of funds. Please note the corrections, and keep this information for future reference. Students must submit a completed registration form prior to attending, t-shirt purchase is optional. Form is included on the back.

**NOVEMBER 2nd is the first day Running Club meets!**

- For safety and comfort all students MUST wear proper running shoes. NO CROCS permitted!
- Running Club reserves the right to cancel if it is raining or has rained anytime after 12 Noon. Students will need to be picked up at their regular dismissal time when cancellation has occurred. Please check the website, before calling the front office!
- Students must submit a completed registration form prior to attending. Return the form by Nov. 2nd, to your homeroom teacher. One form per family—include all students permitted to attend. Please make sure you fill out the emergency contact information carefully.
- Parents—Please do not pick up your child early from Running Club. If you know you need your child before 3:30—send a note to their homeroom teacher and have the child report to the car line or after care program if they participate. Faculty members are supervising groups of children on the field and are unable to retrieve an individual child. Your cooperation is appreciated.

**Contact Information**

If you have any questions you may contact the Running Club sponsors send an e-mail or call @ 561-297-3970.

Ms. Noelk (dvance@fau.edu)  
Mrs. Sands (rsands@fau.edu)  
Ms. Tuzzolino (btuzzoli@fau.edu)

Coach Gardiner (cgardin4@fau.edu)  
Ms. Posteraro (gposter@fau.edu)  
Ms. Chimenti (ichimien@fau.edu)

Coach Castillo (ccasti15@fau.edu)  
Coach Maki (amani@fau.edu)  
Mrs. Platt (dplatt1@fau.edu)

Kindergarten—Fifth Grade meet from 2:30—3:30pm  
Middle/High School meet from 2:45—3:45pm

*Elementary students please return the form on the back to your homeroom teacher. Middle school students may return the form to Mrs. Sands, Ms. Noelk, or Ms. Tuzzolino.*

**Scheduled Running Club Days**

- November 2  
- November 30  
- December 14  
- January 18  
- February 8  
- March 1  
- March 15  
- April 12-Ice Cream Party!
Running Club Information

- All students must wear proper running shoes.
- Avoid picking up your child early from the field. If you need your child before running club dismissal, have them report to the car line.
- All students must submit a sign-up form with parent signature prior to attending.
- Please pick up your child on-time.
- Kindergarten—Fifth Grade meet from 2:30—3:30 p.m.
- Middle / High School meet from 2:45—3:45 p.m.
- Dismissal is from the second circle.
- All students must be picked up by 4:00 p.m.
- Parents will be charged a $20.00 late pick-up fee for every 15 minutes the parent is late.
- Students who are picked up late two times will be excused from the club.
- If your child attends after-school they must check in with counselor first.
- Students who choose to participate must attend the majority of the scheduled meetings. Attendance is taken.
- Running Club is a club of choice and students must be respectful and behave appropriately; students may be asked to leave if they are unable to respect school rules and personnel.
- Students will meet in designated areas for check-in.
- Running Club will meet on Fridays listed, but does not meet on Noon dismissal days.
- Running Club reserves the right to cancel if it is raining or has rained at anytime after 12 Noon.
- THE WEBSITE WILL BE UPDATED AND RUNNING CLUB STATUS POSTED. Students will need to be picked up at their regular dismissal time when cancellation has occurred.
- Visit the Henderson School page. Click on Running Club for information.
- Questions...please contact Gina Sands or Debbie Noelk.

Running Club Sign-up Form

PLEASE PRINT and MAKE SURE INFORMATION IS ACCURATE

Student Name_____________________________________
Grade_____________________________________________
Homeroom_________________________________________
Siblings in Running Club (name & grade)
____________________________________________________
____________________________________________________
Parent Name:_____________________________________ 
Parent Signature:_________________________________
e-mail:___________________________________________

Emergency Information

Allergies / Special Medical Conditions:_________________
____________________________________________________
____________________________________________________
Emergency Contacts (during Running Club):
Name:_____________________________________________
Cell:_____________________________________________
Name:_____________________________________________
Cell:_____________________________________________

Would you be interested in volunteering?       Yes      No

SHIRTS COST $6.00 EACH!

If you are purchasing a shirt!

T-Shirt Size (please circle)
Youth — YS YM YL
Adult — AS AM AL AXL

Amount Paid:_____________________________________

Please make check payables to: FAUS     (CK# ________ )