

## 2026-2027 SPEC COURSE REQUESTS AND DESCRIPTIONS

### Entering Grade Five

Dear Parents:

Each student in grade 5 will be offered the opportunity to take a different SPEC elective course in each of the four quarterly marking periods. Each quarterly period offers three (3) choices. To place your student in an elective of their choice we ask that you rank each elective in each quarter. Every effort will be made to place students in their top choice, however, scheduling demands based on the number of requests will dictate placement and a student's first choice may not always be a possibility.

## SPEC COURSE OFFERINGS:

### PERFORMING ARTS

#### **Dance Mash Up!**

- Students will learn appropriate foot technique, while using their space and dancing together to some legendary chore and popular dance fads like the twist, the monster mash, popping, and choreography to "Thriller", just to name a few.

#### **Team Boomwhackers – Oh, Yes!**

- Where the study of sound and musical elements joins! Students will explore and collaborate through bucket drumming techniques, chords & melodies using Boomwhackers!

#### **Music in Our Schools with Chrome Music Lab Creation!**

- Students will come together to express the idea of "Music in our Schools Month", a national celebration inspired by the National Organization for Music Education and the 2026 theme, and create through Chrome music Lab.

### PHYSICAL EDUCATION

#### **Team Sports**

- Students will learn the fundamentals of different sports, including strategy, rules, and techniques, while improving their physical fitness and coordination.

## **Physical Education (continued)**

### **Track & Field**

- This class introduces students to the fundamentals of track and field, focusing on running, jumping, and throwing events. Students will develop speed, endurance, agility, and strength through a variety of drills, races, and skill building activities.

### **Team Games**

- This class focuses on developing teamwork, strategy, and communication through a variety of fun and engaging group games. Students will participate in activities that promote cooperation, problem solving, and physical fitness while learning the value of working together toward a common goal.

## **STEAM**

### **LEGO Explorations**

- Students will build and create with LEGOs on a grade-appropriate level. Activities may include LEGO robotics, stop motion animation videos, and/or detailed builds with an augmented reality component.

### **Cardboard Arcade**

- Students will design and decorate a working cardboard arcade game.
- The games will be played by the entire elementary school during an end of year event.

### **Coding & Robotics**

- Students will work on computational skills as they program robots to solve challenges.
- Robotics used may include:
  - Dot and Dash
  - Ozobots
  - LEGO Spike Prime
  - Sphero Bolt
  - Sphero Indi
  - Micro:bit

## SCIENCE THROUGH ART

### **Archeology**

- Step into the past and into the archaeological dig site. Uncover, study, and create artwork inspired by Florida's archaeological history.

### **NeuroArt**

- Discover how art helps our brain stay happy and healthy! Learn about your brain, make mindful artwork, and use art as a tool for building resilient minds.

### **The Art of Research**

- Use science tools and research methods to gather data and create artwork. Students will be artists and researchers as they learn to find the beauty and joy in data collection and analysis.

## 2026-2027 SPEC REQUESTS – ENTERING GRADE FIVE

### SPEC Elective Selection Information

Each 5<sup>th</sup> grade student will take one elective per quarter, for a total of four electives during the school year. Electives are grouped into four categories:

- PE
- STEAM
- Performing Arts
- Science through Art

Your child will take one elective from a different category each quarter. This means they will experience all four categories by the end of the year, rotating each marking period.

### Ranking Instructions and How Selection Works:

- Each quarter offers 3 elective choices.
- You will rank all 3 choices for each quarter
  - 1 – First choice
  - 2 = Second choice
  - 3 = Third choice

The system will try to assign your child their top choice, but placement depends on availability. If the first choice is full, your child will be placed in the next available option.

### Important Notes:

- Students will take only one elective per quarter.
- They cannot take more than one elective from the same category during the year.
- By the end of the year, each student will have taken:
  - 1 PE elective
  - 1 STEAM elective
  - 1 Performing Arts elective
  - 1 Science through Art elective

**FORMS ARE DUE FRIDAY, APRIL 17, 2026.** Please have your student return the signed form to their homeroom teacher. For forms not returned, electives will be chosen for your student.



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## 2026-2027 SPEC REQUESTS – ENTERING GRADE FIVE

STUDENT'S NAME (FIRST and LAST): \_\_\_\_\_

Rank EACH quarter using numbers 1, 2, and 3 (First, second, and third choices)

<p style="text-align: center;"><b><u>QUARTER 1</u></b></p> <p>_____ LEGO (<i>STEAM</i>)</p> <p>_____ Archeology (<i>Science Through Art</i>)</p> <p>_____ Dance Mash Up! (<i>Performing Arts</i>)</p>	<p style="text-align: center;"><b><u>QUARTER 2</u></b></p> <p>_____ Coding &amp; Robotics (<i>STEAM</i>)</p> <p>_____ Team Sports (<i>PE</i>)</p> <p>_____ Team Boomwhackers – Oh, Yes (<i>Performing Arts</i>)</p>
<p style="text-align: center;"><b><u>QUARTER 3</u></b></p> <p>_____ Track &amp; Field (<i>PE</i>)</p> <p>_____ NeuroArt (<i>Science Through Art</i>)</p> <p>_____ Music in Our Schools (<i>Performing Arts</i>)</p>	<p style="text-align: center;"><b><u>QUARTER 4</u></b></p> <p>_____ Cardboard Arcade (<i>STEAM</i>)</p> <p>_____ Team Games (<i>PE</i>)</p> <p>_____ The Art of Research (<i>Performing Arts</i>)</p>

**Parents:**

*My signature shows that I have discussed the above choices with my child and approve the selections.*

Student Name: \_\_\_\_\_

Parent Name (please print): \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Parent Phone #: \_\_\_\_\_

Date: \_\_\_\_\_

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A.D. Henderson University School, FAU High School, FAU High School – Jupiter Campus, in Partnership with Max Planck Academy, Bezos Academy, Pine Jog Environmental Educational Center



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### INFORMATION SESSION

Mrs. O'Sullivan will be offering two "SPEC Tips and Q&A" sessions via zoom. Please join in and bring your questions!

1. **Monday, April 13, 2026, from 7:30 – 8:00 pm**
2. **Wednesday, April 15, 2026, from 8: 15 –8::45 am**

Join Zoom Meeting

<https://fau-edu.zoom.us/j/88498775770?pwd=gZYRu1iXVwg9bXaEhtxdygttzRz7Wq.1>

Meeting ID: 884 9877 5770

Passcode: SPEC26info