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Dear Parent or Guardian,

Physical Education Waiver requirements are listed in Section 1003.455, Florida Statutes, and apply to both elementary and middle school students beginning with the 2009-2010 school year. This statute requires each district school board to notify parents of the options available prior to scheduling a student in physical education. Unless your child meets one of the waiver criteria listed below, he/she will be enrolled in physical education for the required time listed below. The statute addresses the following:

Each district school board shall provide 150 minutes of physical education each week for students in kindergarten through grade 5, and the equivalent of one class period per day of physical education for one semester of each year for students in grades 7 through 8 and one full year for students in grade 6. The physical education requirement in subsection [3] shall be waived for a student who meets one of the following criteria:

- The student is enrolled or required to enroll in a remedial course.
- The student’s parent indicates in writing to the school that:
 1. The parent requests that the student enroll in another course from among those offered as options by the school district.
 - or
 2. The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

It is sometimes necessary to waive physical education in situations where students need additional periods in intensive reading instruction, or both reading and mathematics remediation. The school will automatically adjust the student’s schedule as necessary to meet statutory requirements for reading and math.

Please contact your school counselor if you have questions or concerns regarding the physical education requirement or waiver criteria.

Physical Education Course Waiver

Student Name: _____ **Student ID:** _____ **Grade** _____

Please check the box that applies to this student’s waiver, sign and date this form. Return to the main office.

Physical Education Waiver

- Parent’s request that the student enroll in the another course (not a guarantee)
- The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement (documentation required)

Parent Name _____

Parent Signature _____ Date: _____